

Spring Break Application 2025

Spring Break Trip Dates: March 15th – 22nd

Application Due Date: February 1st

Spring Break Fee: \$50 due February 7th

Each break-based outdoor trip is unique and provides an opportunity to experience a new environment with members of the Trinity College community. Each trip run through Quest is different. Individual members of each trip make the experience special for one another. One of the deciding factors of selecting students for this experience is based on the answers to the essay portion of the application. In addition to selecting students based on answers to the questions below; several deciding factors include:

1. A percentage of class year representation, which will depend upon initial interest in the trip.
2. If you have been on a waiting list for previous break based outdoor trips with Quest. Priority will be given to students who have previously been on a waiting list.
3. If the designated area of travel requires certain certifications for permits, priority will be given to students who have put in time and energy to receive these certifications: typically climbing destinations in National Parks require certifications – this information will be noted at the information session prior to registration.
4. Trip type: if students provide a skill set needed for the destination terrain, priority will be given to those who have obtained the skills needed to help facilitate a successful experience for the entire group.

In an essay form please respond to the following questions:

- Name, class year, and what Trinity outdoor trips have you been on before?
- What is it about this trip that excites you?
- How will this experience help you grow as a Trinity student? If you are a senior, how will this trip help prepare you for life after Trinity?
- Each group forms differently and is only successful if all members of the group contribute to the group development process. How will you help create a positive group culture? What will you bring to the group development process?
- The outdoors is a great environment to allow for introspection. What has been important so far, at Trinity, for you to be a successful student?
- What do you hope to get out of your climbing experience during this trip?
- What climbing skills do you hope to develop during this trip?

Expedition Behavior Agreement

These break-based trips with Quest are designed for students to experience a new outdoor environment with students from all class years and from different backgrounds. Although you may have friends and acquaintances on the trip, it is important for each member of the group to be open to forming new relationships with students you may not know. It is also an opportunity to let go of some comforts that we tend to rely on. By signing this form, you are agreeing to keep an open mind to new connections that can form during outdoor experiences and to leave your cell phone and other technological devices behind.

1. I agree to leave my cell phone in the van and work with the other students in the group to capture the images and moments of this experience using cameras, Go-Pros, and other devices that do not have texting, WiFi, or other communication means that might take members of the group away from the group experience. There will be down time to use phones, but not during group activities and programming.
2. I agree that I will not form exclusive relationships with other members of the group. It is human nature and is okay to connect with folks who have similar interests. Members of the group will inevitably gravitate toward one another, however everyone in the group needs to be self-aware and be inclusive. This will help create a positive group environment.
3. I agree to honor the substance policies (alcohol, drug, and tobacco use) of both Trinity College and the Recreation/Quest office. For further reference you can refer to the college handbook and the Trinity College Recreation webpage.

Signature:
