

You Are Not Alone

Hung Pham '25

Advisor: Professor Kenneth Kousen

Department of Computer Science, Trinity College



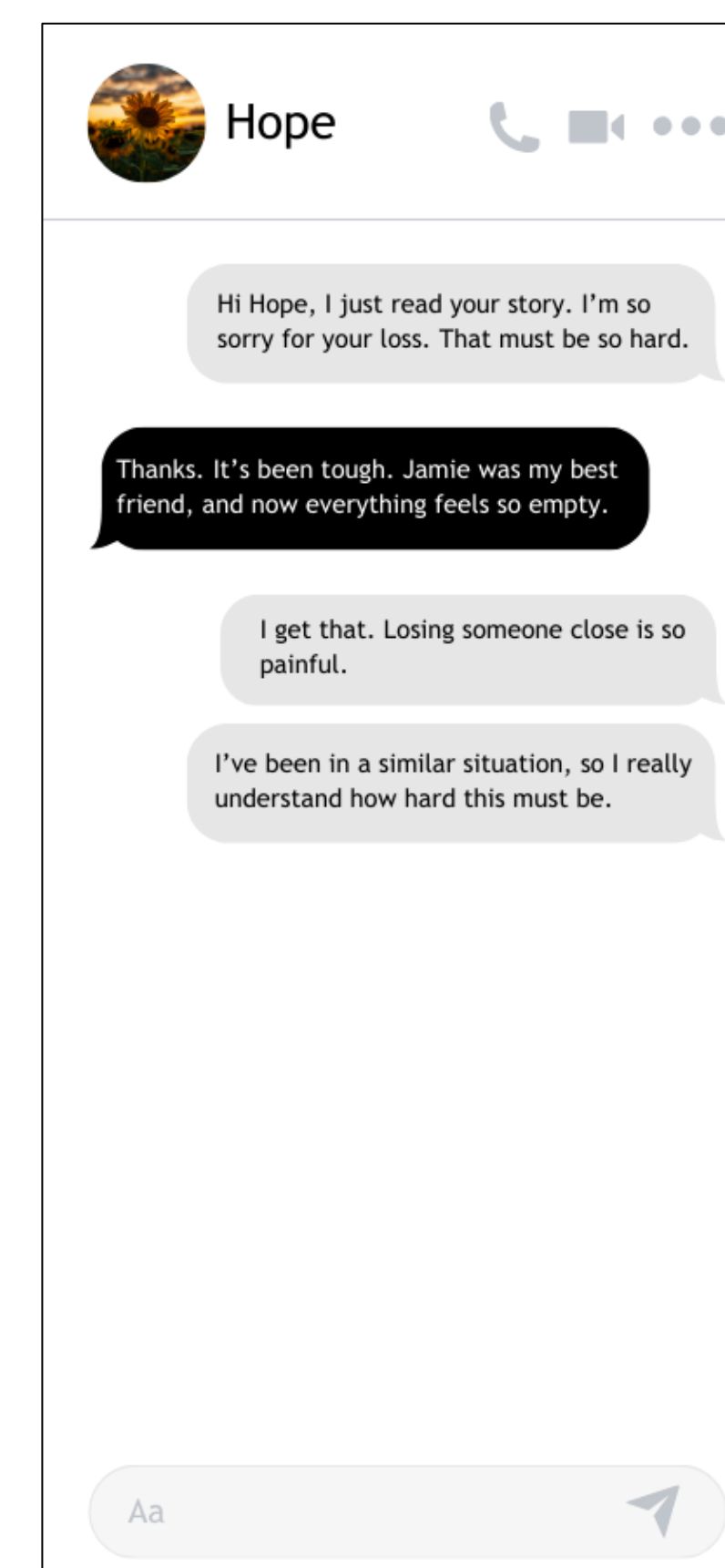
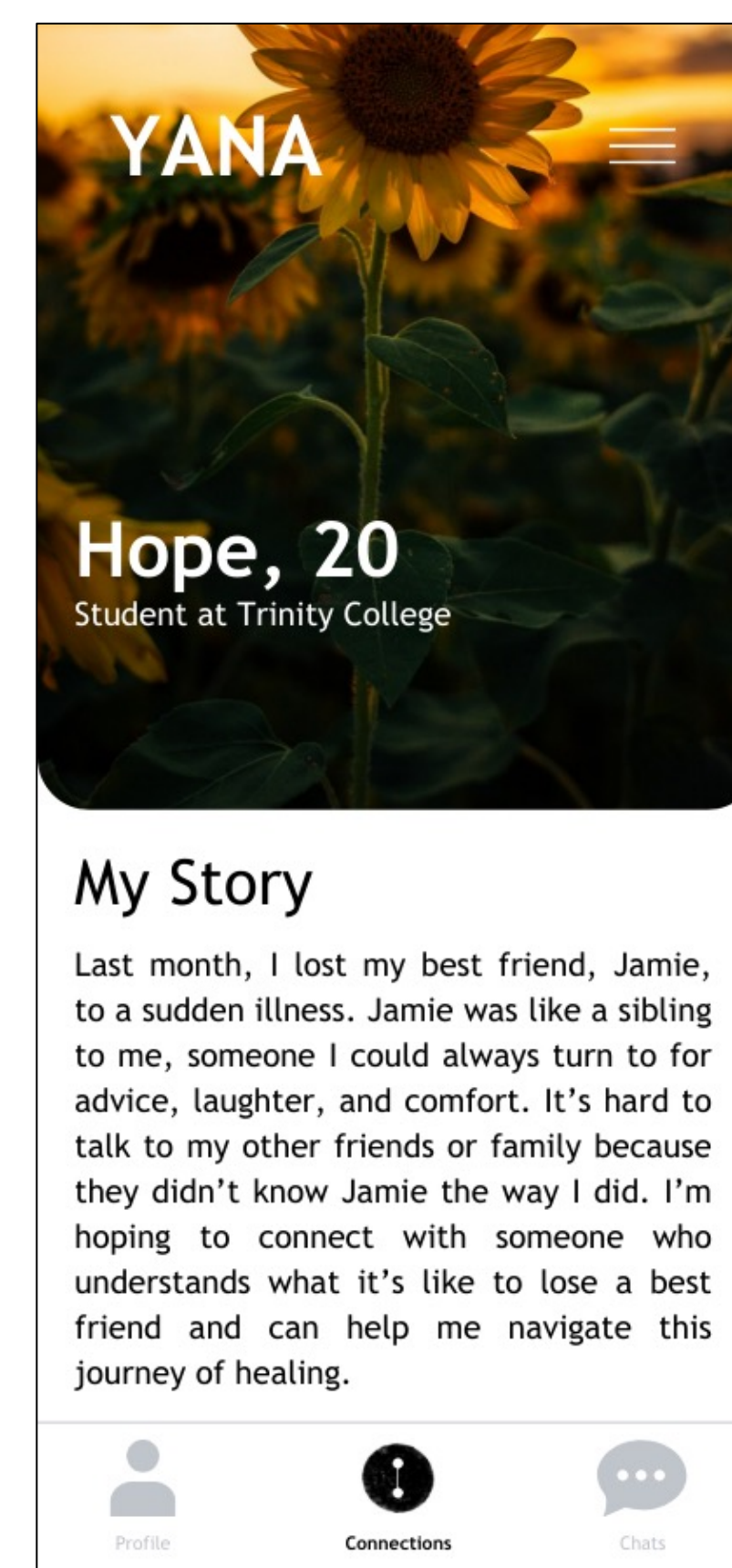
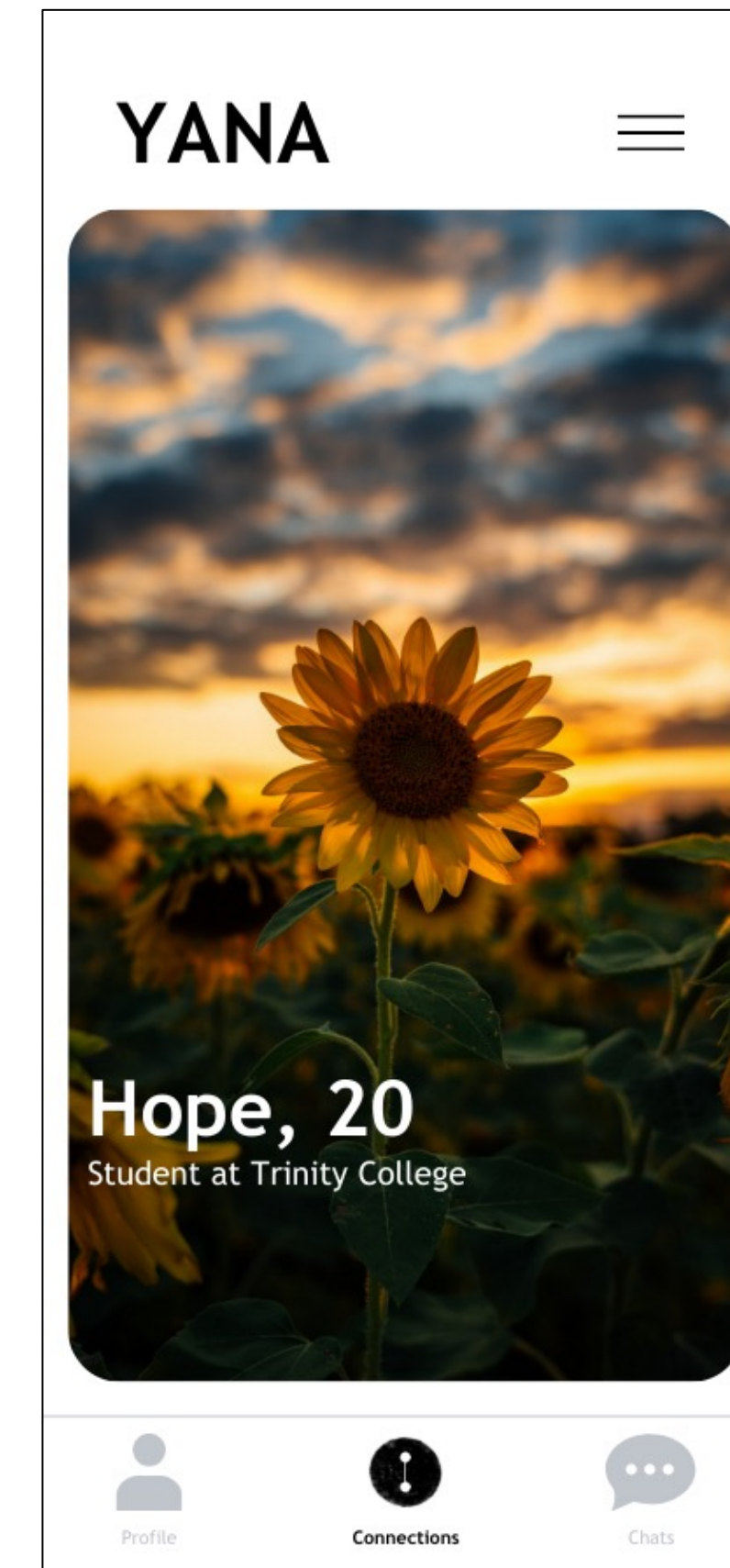
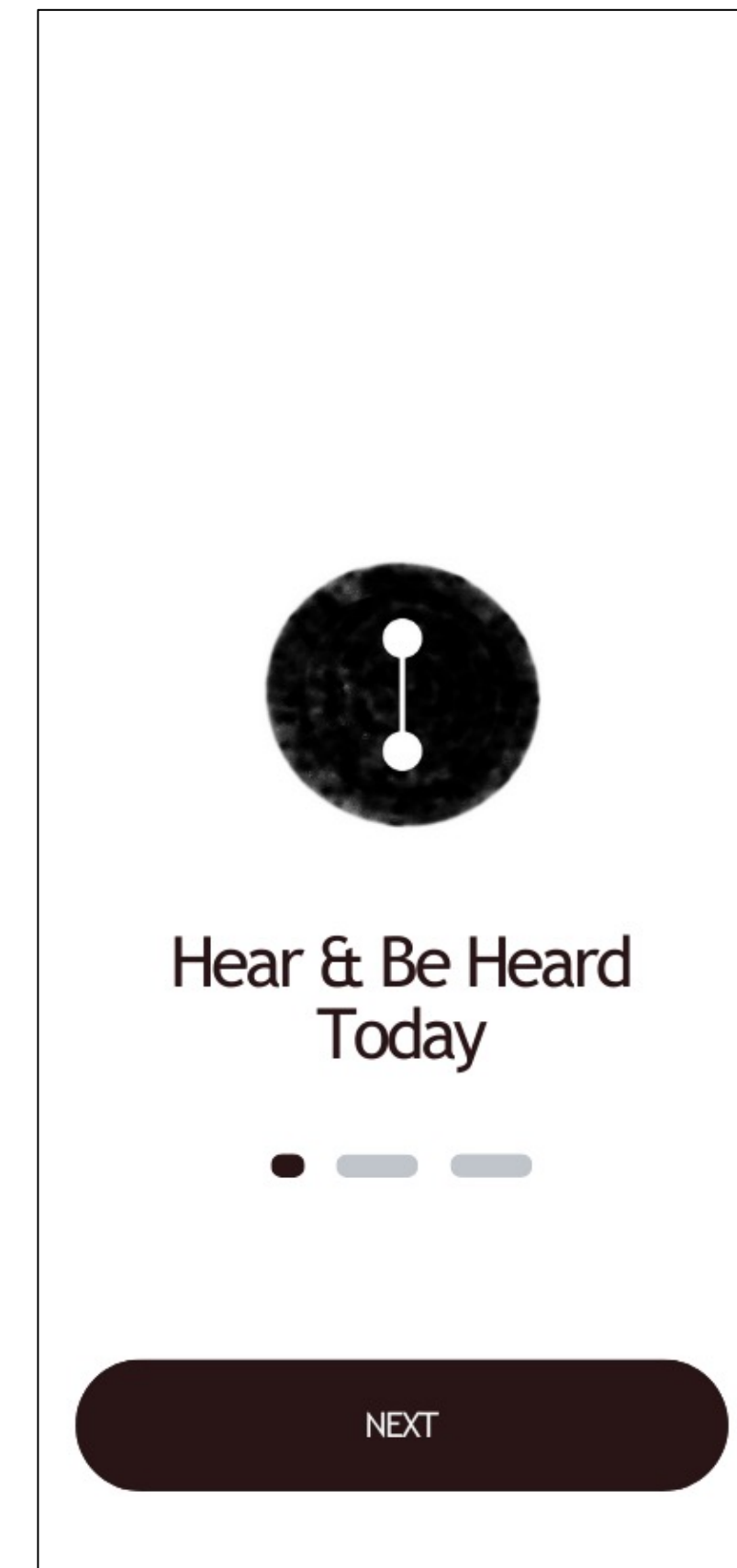
Overview

- A mobile app that **connects individuals** through anonymous, personal stories
- Users **share experiences** around life challenges, such as illness, grief, or identity
- Matches are made between users who have gone through **similar experiences**
- Designed to offer **emotional support** and build community through **empathy**

Significance

- Many people experience **emotional isolation**, especially during personal crises
- Traditional support systems are **hard to access**
- The app provides a **low-barrier** to connection
- Empowers users by showing them they are **not alone** in their struggles

Technologies



Application Features

- **Profile Setup:** Anonymous onboarding
- **Story Submission:** Users submit stories, themes are categorized by OpenAI's GPT-4o model
- **Matching System:** Pairs users based on **shared story themes**
- **In-App Chat:** Once **matched**, users can communicate through a built-in chat feature

Future Directions

- **Smarter Matching:** Implement **natural language processing** to assess similarity between stories
- **Story Feed:** Allow users to browse and engage with **publicly shared stories**
- **Moderation Tools:** Build systems to ensure a **safe and respectful** user environment

Acknowledgements

- The Trinity College Department of Computer Science & Travelers Insurance