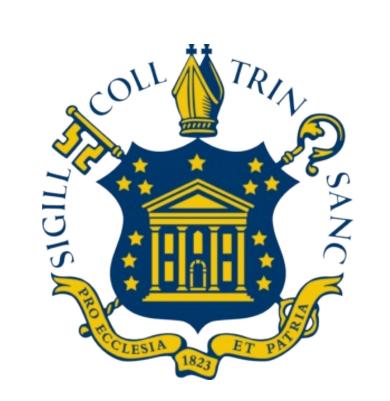


You Are Not Alone

Hung Pham '25

Advisor: Professor Kenneth Kousen

Department of Computer Science, Trinity College



Overview

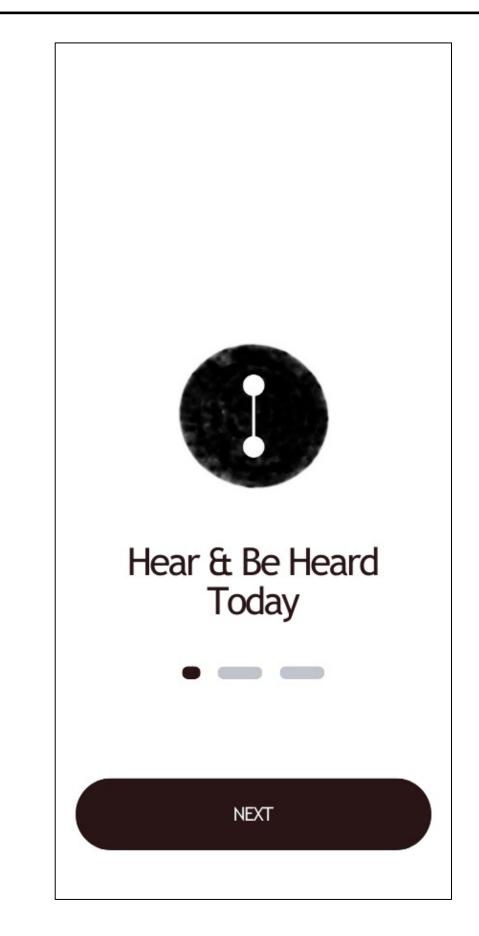
- A mobile app that connects individuals through anonymous, personal stories
- Users share experiences around life challenges,
 such as illness, grief, or identity
- Matches are made between users who have gone through similar experiences
- Designed to offer emotional support and build community through empathy

Significance

- Many people experience emotional isolation, especially during personal crises
- Traditional support systems are hard to access
- The app provides a low-barrier to connection
- Empowers users by showing them they are **not** alone in their struggles









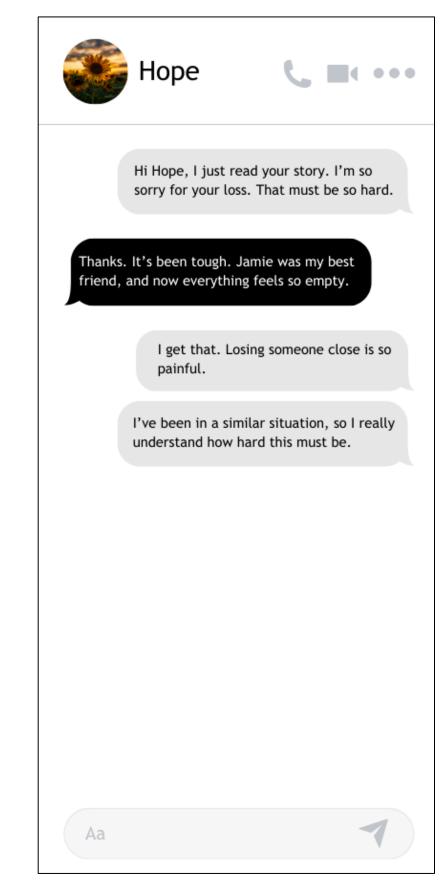
My Story

Last month, I lost my best friend, Jamie, to a sudden illness. Jamie was like a sibling to me, someone I could always turn to for advice, laughter, and comfort. It's hard to talk to my other friends or family because they didn't know Jamie the way I did. I'm hoping to connect with someone who understands what it's like to lose a best friend and can help me navigate this journey of healing.









Application Features

- Profile Setup: Anonymous onboarding
- Story Submission: Users submit stories, themes are categorized by OpenAl's GPT-40 model
- Matching System: Pairs users based on shared story themes
- In-App Chat: Once matched, users can communicate through a built-in chat feature

Future Directions

- Smarter Matching: Implement natural language processing to assess similarity between stories
- Story Feed: Allow users to browse and engage with publicly shared stories
- Moderation Tools: Build systems to ensure a safe
 and respectful user environment

Acknowledgements

• The Trinity College Department of Computer Science & Travelers Insurance