



TC4 Food Pantry Suggestions

If your family can use it, chances are it is appropriate to donate.

- Low sodium vegetables – canned
- Low sodium Soup – canned
- Fruit – canned packed in it's own juice or water
- Instant potatoes (mashed or flavored variety)
- Spaghetti sauce
- Jell-O – instant Pudding – instant
- Saltine crackers
- Pancake mix
- Tuna Fish – canned
- Flour
- Catsup
- Canned Meats (spam, beef stew, chicken, pork)
- Soynut or Sunflower butter
- Jelly
- Pork and Beans
- Macaroni & Cheese -- boxed
- Spaghetti, Pasta and Egg Noodles
- Cereal – hot or cold
- Rice
- Spices (cinnamon, chili powder, cumin, salt-free spice blends)
- Olive or canola oil

Toiletries

- Kleenex
- Toothpaste
- Toothbrushes
- Soap
- Shampoo
- Paper Towels
- Razors
- Feminine hygiene products

PLEASE NOTE: The TC4 Food Pantry will not distribute expired food or food received in compromised packages (dented cans, crushed boxes, damaged bottles or lids, opened packages, etc). As the donated food is hand-sorted, it is checked for expiration dates and package integrity. All food items that are outdated or exposed due to package failure will be considered unfit for human consumption and

discarded. Please remember this when donating food so the food will be of the highest quality, safe to consume and have a substantial shelf life for distribution purposes.

We also gladly accept donations of Children's books for the "Kid's Book Corner". TC4 has a bookcase in the LSC hallway, which is filled with children's books to read.

