

Iceland Gear List

Team Gear Provide by ENVIS

First Aid Kit
Emergency cell phone
Duct tape / compass/ guide books/ maps

Cook Group (shared between 3 people) – provided by ENVIS

Cooking equipment (4 cook sets)
Fuel –purchased in Iceland
Tent – tent, fly, poles and stakes
Food – purchased in Iceland and some brought if possible
Toilet paper
Lighters (keep in ziplock bag)
Water purification system
Sewing Kit (thick and thin thread and needles to fix packs and/or clothes)

Individual Gear (*some can be provided by ENVIS by request)

Passport /money (keep it in a dry and safe place)
Eating utensils, bowl/cup, 2 1 liter water bottles (Sigg or Nalgene)
Pocket knife (make sure to pack in checked bag)
Headlamp (recommended) or flashlight (pack extra batteries)
Earplugs (I'm not kidding)
Stuff sacks: different colors for easy organization (personal preference)
Personal hygiene kit
Hat (good for rain or sun) /sunglasses/ bandana
A couple of trash bags (bottom of pack) and zip-loc freezer bags
Backpacking towel
*Pack with pack cover
*Sleeping bag
*Sleeping pad
Non-essential: camera, ipod, trashy novel, playing cards, wristwatch
Clothes: avoid heavy cotton!, quick drying synthetic clothes (nylon, polypropylene, and socks; dark colors hide dirt better ☺)

!!!Extremities – hat and mittens are not to be overlooked, several socks will make your feet happy

Footwear- hiking boots and camp shoes (e.g. Teva sandals or old sneakers that could double as stream crossing shoes) – 3 pairs synthetic socks

 Ankle gaiters (these will add days to your sock life)

Outerwear – think 3 layer system 1) 2 base (polypropylene underware) 2) 1 insulating (fleece) 3) 1 shell (nylon/gortex); 1 or 2 nylon pants or convertible pants (legs zip off to make shorts)

 Swim trunks/ swim suit (you don't want to miss the hot springs!)