According to J-1 regulation 22 CFR 62.14, all students, scholars, and their J-2 dependents are required to have health insurance that meets DOS requirements. These insurance requirements set forth by DOS are as follows:

1. Major medical benefits must be at least $100,000 for each accidental illness.
2. Repatriation benefit must be at least $25,000.
3. Medical evacuation must be covered for at least $50,000.
4. The deductible for each accident or illness may not exceed $500.

If there are any questions regarding this checklist, you may contact the Office of International Students & Scholars.

Statement of Understanding and Compliance
with the J Insurance Requirements
Effective May 15, 2015

I, __________________________    _______________________________ agree that I am/will be in compliance
(print first name)                                          (print family name)

with the insurance regulations as specified in 22 CFR section 62.14 of the Exchange regulations, and I understand that it is my responsibility to maintain my status and continue health insurance coverage for myself and J-2 dependents for the duration of my J-1 program.

I am/will be a:          _______ J-1 student          _______ J-1 faculty/researcher/scholar           (check one only)

School: _______________________________     Department: _______________________________

____________________________________     _______________________________

(Signature)                                           (Date)