



# TRINITY COLLEGE ELDERHOSTEL ITALY

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## Christmas and New Year in Sorrento

### HIGHLIGHTS

- 14 nights in Sorrento
- Lectures on art and the ancient world, music history
- Amalfi Coast drive
- Boat excursion to Capri
- Pompeii, Paestum and Herculaneum
- Lunch in the countryside
- Guided visit of holiday market in Naples
- Archeological museum



The program site is Sorrento, a charming small city overlooking the Bay of Naples, a mecca for illustrious visitors – writers, musicians, and royalty – since the 1700s. The comfortable hotel in Sorrento is centrally located overlooking lemon and orange groves, and mere minutes on foot from the old town. The Bay of Naples produces Italy’s finest ‘presepi,’ or ‘crèches’; they are evidence that the holidays here are a heartfelt experience. We visit a living presepio, where townsfolk serve as the characters, and enjoy a New Year’s Eve of dining, music, and fireworks.



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## *CHRISTMAS AND NEW YEAR IN SORRENTO*



Please note schedule is subject to change. Finalized schedule will be available at the program site.

- Day 1 Departure from points in North America
- Day 2 Arrive Naples Capodichino Airport. Coach to program site. Afternoon Welcome Reception.
- Day 3 Morning orientation session introduces the lectures and excursions of the program, followed by a walk in Sorrento. Afternoon lecture on Greek Art and Archaeology.
- Day 4 Lecture on Roman Art and Archaeology and an afternoon discussion of Sorrentine traditions, religious and secular, that endure in the festivities and lives of the locals.
- Day 5 Coach drive along the panoramic Amalfi Coast and a visit to Amalfi, important capital of a Mediterranean maritime republic in the Middle Ages. Lunch at a local restaurant. In the afternoon, a guided walk among the ruins in Paestum.
- Day 6 Morning lecture and discussion on Contemporary Italian Society, a look at the institutions of a country that continues to undergo rapid economic and societal change. An afternoon lecture on the dynasties that ruled Naples over the centuries. Dinner on your own.
- Day 7 The first in a series of lectures on Music in the Neapolitan Tradition. Overview of the evolution of modern symphonic music, the contribution of Naples, composers such as Paisiello and Pergolesi, and Neapolitan folksongs made popular the world over.
- Day 8 Walk with an expert among the excavations of the ill-fated city of Pompeii. After lunch at a local restaurant, the visit to Pompeii continues in the afternoon.
- Day 9 Free Day with lunch on your own. An evening musical performance or concert in town.
- Day 10 A boat ride to the Mediterranean's lush island of Capri. Roam the intricate cobbled laneways and chic shops. There are opportunities to climb to the ruins of the palace of Emperor Tiberius or visit the villa-turned museum of Swedish doctor Axel Munth, author of *The Story of San Michele*.
- Day 11 Lecture on the Political History of Italy where we examine the constitutional reforms, separatist movement and political parties that have shaped Italy's history. In the afternoon learn about Eduardo De Filippo, 20<sup>th</sup> century Neapolitan playwright and director who created memorable characters whose human struggles transcend national borders.
- Day 12 Guided visit to the Archaeological Museum in Naples which is home to one of Europe's finest assortment of antiquities. Lunch at a local restaurant. Guided visit to Herculaneum and the ruins of the ancient Roman town at the foot of Mt. Vesuvius.
- Day 13 Free Morning. After lunch, a lecture on a topic of local interest to be announced. Celebrate New Year's Eve with a special dinner.
- Day 14 Free morning. Afternoon lecture on Music in the Neapolitan Tradition.
- Day 15 Guided visit of the Angevin Castle and a walk through the teeming markets and streets of Naples. Farewell dinner.
- Day 16 Coach transfer to Naples Capodichino Airport. Departures

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14 breakfasts at the hotel ● 13 lunches, 1 lunch on your own ● 13 dinners, 1 dinner on your own