Abby Randall, Class of 2005

I graduated from Trinity in 2005. After that I worked at Holcomb Farm, a Community Supported Agriculture farm in Granby, CT (one that I visited as part of the First Year seminar Guns, Butter and Globalization). I then spent 18 months working at a residential facility for teenage girls where I carried out nutrition and garden-based education programs. I am now in my second year of the Agriculture, Food and Environment program, a two-year Master of Science program at Tufts' University Friedman School of Nutrition Science and Policy. My focus is on promoting sustainable energy on small farms in New England. I also work with the New Entry Sustainable Farming Project in Lowell, MA, teaching immigrant and beginning farmers to create sustainable farm business plans and helping them to find farmland to start their agricultural enterprises.

Three courses at Trinity directly influenced my decision to pursue a career path related to agriculture, sustainability and nutrition. First was Medical Anthropology, which got me interested in looking at progressive approaches to public health. The Anthropology of Food and the First Year seminar Guns, Butter and Globalization (which I was a mentor for during my senior year) forced me to think about where my food comes from and how people make decisions about what and when to eat.

I am so glad that I majored in Anthropology at Trinity - it provided me with an invaluable foundation in critical thinking and community outreach.