

TAKING METACOGNITION ONLINE USING MOBILE & WEB APPLICATIONS

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No matter the age, every student wants to flourish in school. This involves knowing how one processes and uses information presented, knowledge and awareness of one's strengths and weakness, and what fosters one's best performance. In other words – metacognition! However, not all school-aged children develop these skills by themselves. But now, with the help of the Trinity Psychology Metacognition lab and MetaManager, the students at HMTCA can learn metacognition. The MetaManager mobile application takes the metacognition process online, serving as a fun, interactive task manager for helping students assess upcoming projects, tests, and papers, so that they are completed with diligence and ease. This app features a task managing/planning feature, a helpful hints section, and a performance reflection feature. The accompanying website is for the use of the Trinity Metacognition Lab, such that they can view and track the students' usage and performance as they utilize the application.